



Members Activities

October 2024




Bookings open on **Friday 27th September 2024**.
Sessions must be booked in advance (except
Open Creative Spaces).

Please get in touch to book:

 info@reachoutwithartsinmind.org.uk

 01259 214951

 Lime Tree House, North Castle Street, Alloa,
FK10 1EX



Creative Spaces

These sessions in the studio allow you to work on your own projects in the company of other members using Reachout studio space and resources (or bring your own).

Bookable sessions in October:



Monday 7th Oct: 10am - 12:30pm

[Jane - Volunteer]



Monday 14th Oct: 10am - 12:30pm

[Jane - Volunteer]



Monday 21st Oct: 10am - 12:30pm

[Anne - Craft Facilitator]



Monday 28th Oct: 10am - 12:30pm

[Jane - Volunteer]

Macrame



Mondays in October
(7th, 14th, 21st and 28th)
10am - 12pm

A regular group of members working on macrame. This group is for members who are confident in the art of macrame or are keen to learn from other members.

This group is currently full however please let us know if you would like to be part of this group.

Clay Pots: Grayson Perry Inspired



Monday 7th, 21st and 28th October

No session on 14th

11am - 1pm

Join our clay coil pot workshop inspired by Grayson Perry. Experiment with coil pot techniques, to create your own expressive unique clay pot!

Suitable for all skill levels, this workshop encourages personal expression.

Supported by Leanne (Artist Facilitator)

Clay: Afternoon



Mondays in October

(7th, 14th, 21st and 28th)

2pm - 4pm

Ideal for those with no previous clay experience and those looking to develop skills with air-drying clay.

Please note there may be a delay in getting work fired.

Supported by George (Artist Facilitator)



Open Creative Space

Similar to our Creative Space sessions, where members can work on their own projects **however there is no need to book.**

Mondays in October
(7th, 14th, 21st and 28th)
2pm - 4pm

Reachout Fundraising Group



Mondays in October
(7th, 14th, 21st and 28th)
2pm - 4pm

A reserved space for Reachout members to come together, work on and discuss projects to fundraise for Reachout studio materials.

Initially supported by Anne
(Moving towards Member-Led Group)

Sculpture



Tuesday 8th, 15th and 22nd October
No sessions on 1st and 29th
10am - 12pm

In these workshops we will use stop motion animation techniques (used in Wallace and Gromit!) The process is broken down into simple stages that are easy to follow even if you are not confident with using technology. If you have attended animation workshops before, you can use these sessions to further progress your animating practice.

Supported by George (Artist Facilitator)

Custom House Storage Boxes



Tuesday 8th, 15th and 22nd October

***Additional session on 29th if needed**

11am - 1pm

In these workshops you will build and decorate your own miniature house. Models will be provided, slotting together like a jigsaw. Decorate your model to your own taste, country cottages or a haunted house!

Supported by Liz (Volunteer)

Animation



Tuesday 1st, 8th and 15th October

No sessions on 22nd and 29th

2pm - 4pm

In these workshops we will use stop motion animation techniques (used in Wallace and Gromit!) The process is broken down into simple stages that are easy to follow even if you are not confident with using technology. If you have attended animation workshops before, you can use these sessions to further progress your animating practice.

Supported by George (Artist Facilitator)

Needle felting



Tuesday 1st, 15th and 29th October
No sessions on 8th and 22nd
2pm - 4pm

Needle felting is a repetitive, therapeutic craft which can produce a wide range of end results. We plan to have sessions which are suitable for beginners. However if you have experience of needle felting you will be able to do your own ideas.

Supported by Anne (Craft Facilitator)

Crochet and Knitting



Wednesdays in October

(2nd, 9th, 16th, 23rd and 30th)

2pm - 4pm

Beginner and experienced knitters welcome! Learn specific processes from Lauri or continue personal projects and have a chat.

Supported by Lauri (Reachout Member)

Painting



Wednesdays in October

(2nd, 9th, 16th, 23rd and 30th)

2pm - 4pm

In this session you will have the chance to experiment with your chosen painting medium, or be led through artistic examples to learn best practises and find inspiration.

Supported by Leanne (Artist Facilitator)
& Bobby (Volunteer)

Member-led Painting



Wednesdays in October

(2nd, 9th, 16th, 23rd and 30th)

2pm - 4pm

In this session you will have the chance to experiment with your chosen painting medium, or be led through artistic examples to learn best practises and find inspiration.

Member-led

Mixed Crafts [Thurs AM]



**Thursday 3rd, 17th, 24th and 31st
October**

No session on 10th

10am - 12pm

Regular member led group working on Mixed Crafts. **This group is currently full** but please let us know if you'd be interested in taking part in other craft workshops.

Member Led

Music



**Thursday 3rd, 24th and 31st
October**

No sessions on 10th and 17th
11am - 1pm

These sessions will provide an opportunity to experiment with sound as a creative outlet. Focusing less on the skill of playing an instrument, and more on playful experimentation with sound.

Supported by George (Artist Facilitator)

Mixed Sewing Projects



**Thursday 3rd, 17th, 24th and 31st
October**

No session on 10th

1:30pm - 3:30pm

Previously a Rag Doll workshop, now mixed media sewing projects. For both experienced members and those learning how to sew and experiment with embroidery stitches, who enjoy a chat and skill sharing.

Supported by Jennifer (Volunteer) & **Karen** (volunteer)

Little Shop of Horrors Sculpture



Thursday 17th and 24th October
No sessions on 3rd, 10th and 31st
1:30pm - 3:30pm

In this workshop you'll create a 3D venus fly trap sculpture, inspired by the spooky movie Little Shop of Horrors! Using a variety of upcycling / recycling techniques including paper mache.

Supported by Agnes (Volunteer)



Creative Spaces

These sessions in the studio allow you to work on your own projects in the company of other members using Reachout studio space and resources (or bring your own).

Bookable sessions in October:



Thursday 3rd Oct: 2pm - 4pm

[George - Artist Facilitator]



No session on Thursday 10th October



Thursday 17th Oct: 2pm - 4pm

[George - Artist Facilitator]



Thursday 24th Oct: 2pm - 4pm

[George - Artist Facilitator]



Thursday 31st Oct: 2pm - 4pm

[George - Artist Facilitator]

World Mental Health Day

Reachout Open Day



Thursday 10th October
1pm - 3pm

Open to Reachout members, friends, family, and local organisations, we are excited to open the studio and showcase the incredible work of our Reachout beneficiaries.

Enjoy coffee, tea, biscuits, exhibitions, and a live performance by the Reachout music group!

Tickets are available at reception—don't forget to pick yours up!

World Mental Health Day

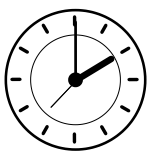
Reachout Open Day



Doors Open

Browse Reachout exhibitions

Grab a tea, coffee and biscuit



Music performance from Reachout music group

And more!

Please let staff know if you would like to be involved / help out.



Open Creative Space

Similar to our Creative Space sessions, where members can work on their own projects **however there is no need to book.**



Friday 4th Oct: 1:30pm - 4pm

[George and Bobby]



Friday 11th Oct: 1:30pm - 4pm

[George, Hayley and Bobby]



Friday 18th Oct: 1:30pm - 4pm

[Leanne and Bobby]



Friday 25th Oct: 1:30pm - 4pm

[George and Bobby]

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